

#172 A Letter of Gratitude to My Appa and Amma

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November 25, 2024




Appa and Amma,

I wanted to take a moment to share my deepest feelings with both of you. From the day I was born your love and care have been my greatest blessings. Despite the challenges that come with being your disabled daughter you have always supported me with unwavering strength and unconditional love.

As I've grown my desires and thoughts have changed but deep down I often wish I could remain a child forever safe in your arms. Growing up has brought so many changes both within me and in the world around me that sometimes it feels overwhelming.

Even today as an adult you continue to care for me in the smallest and biggest ways from helping me with daily routines to standing by me when I feel lost. Thank you for being my guiding light and my strength. I know I've made mistakes and kept some desires or struggles to myself and for that I am truly sorry.

Please know that nothing in this world could ever equal your love and dedication. You are the best parents anyone could wish for. I feel blessed to be your child even if I sometimes feel I've given back so little compared to all you've done for me.

Thank you for being my parents and for loving me unconditionally. I love you both more than words can ever express... 

With all my love,

Veetu kuthu vizhakku...

“Thank you so much for being my parent, sorry for being your child...”